



**SURVIVOR'S
HOPE**
CRISIS
CENTRE

Impact Report



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2023-2024



A Note Regarding this Annual Report

In 2023, Survivor's Hope Crisis Centre Inc. was successful in its application to the Canadian Revenue Agency to change its fiscal year from February 1st – January 31st, to April 1st to March 31st.

In alignment with this change, the activities and funding outlined in this report encompass all of February 1st, 2023 – March 31, 2024.

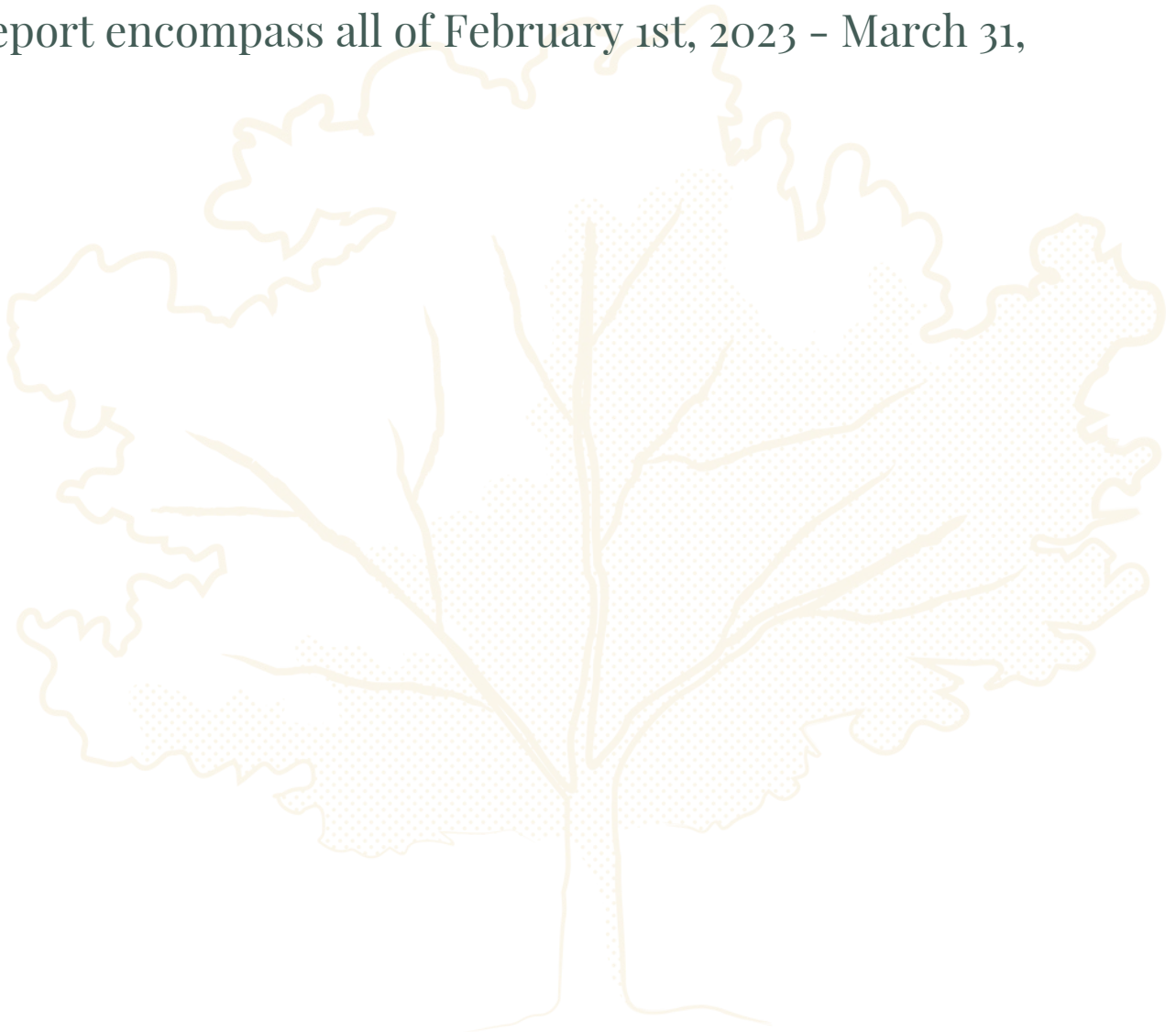
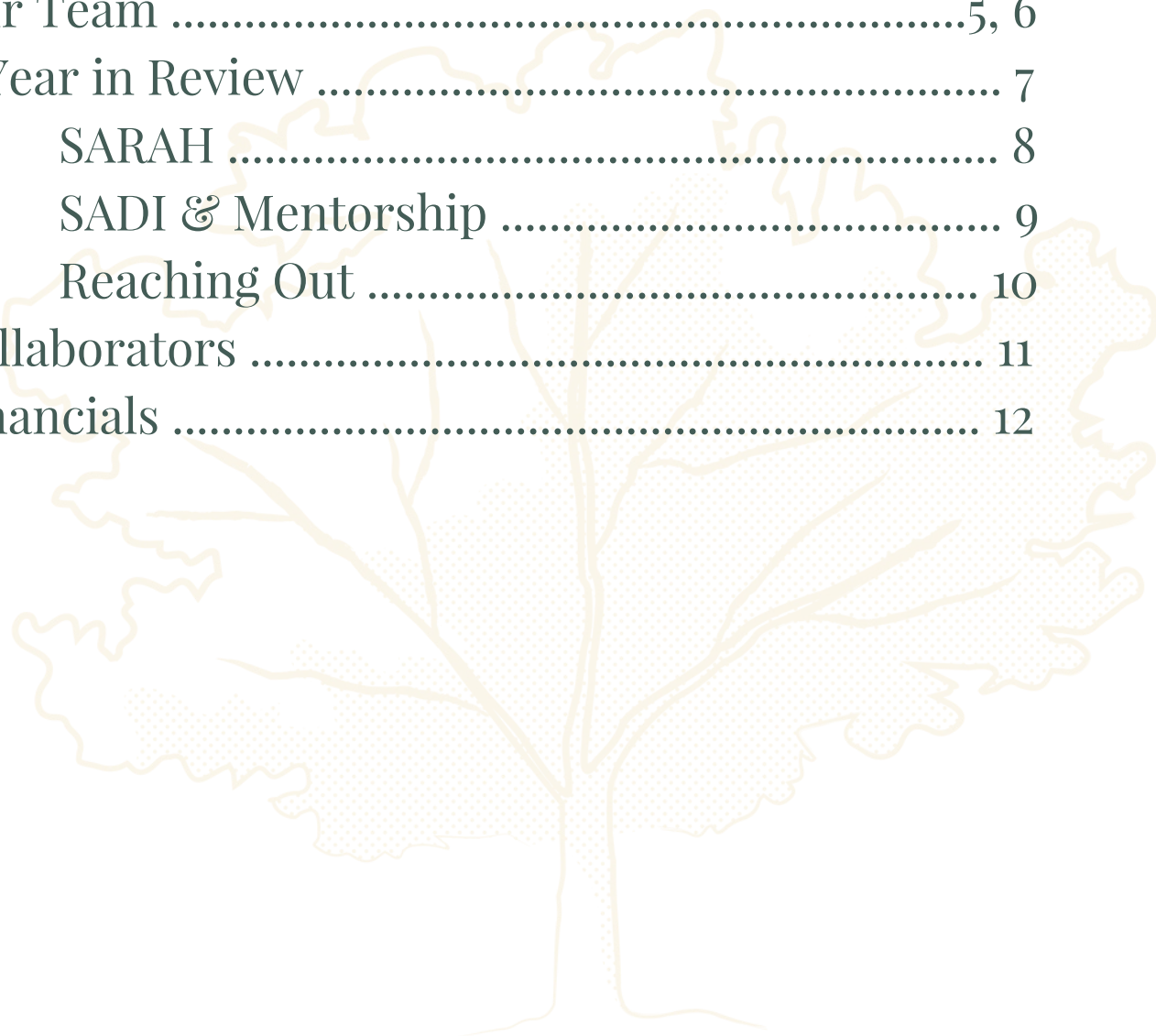


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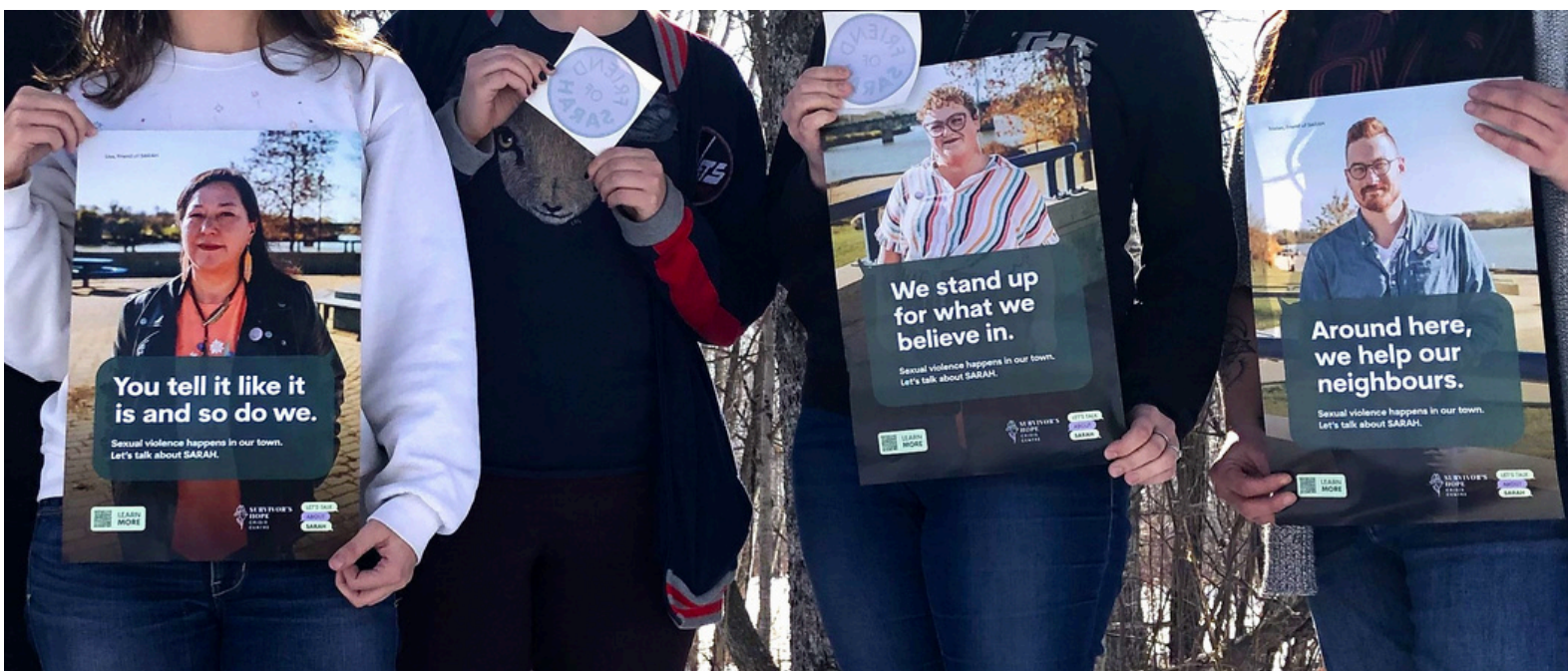
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Mission

Partnering with communities to offer hope and healing through support and education

Survivor's Hope Crisis Centre Inc. (SHCC) provides support and services to individuals residing in the Interlake-Eastern region of Manitoba who have experienced acts of sexual violence, as well as to secondary victims of sexual violence. We recognize that acts of sexual violence are motivated by power inequalities, therefore our work also addresses social and systemic root causes of gender-based violence to create greater change to public ideology, policies, politics, and procedures.



Survivor's Hope Crisis Centre is honoured to work on Treaty 1,3 and 5 and the homeland of the Métis Nation. We acknowledge the relationships that were formed in these territories through Treaties and Ceremony was intended to be one of respect, reciprocity, and renewal.

We acknowledge the Anishinaabe, Cree, Oji-Cree, Dakota, Dene and Métis nations who are the original stewards of the lands we have the honour of working on.

In our work, Survivor's Hope Crisis Centre centers the historical and contemporary harms experienced by First Nations, Inuit, and Métis people of Canada. We acknowledge the harms and mistakes of the past, and we dedicate ourselves to moving forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.

Board of Directors

Chair - Samantha Roberts

Treasurer - Heather Courchene

Secretary - Sandra Tower-Pace

Members at Large -

Cass Ilchena

Asta Carvalho

Savannah Hyra

Julie Remillard

Executive Director (Member at Large) -

Coral Kendel

Message from the Board Chair

As the Chair of the Board for Survivor's Hope Crisis Centre Inc., it is my responsibility to ensure the effective governance, that the board supports the organization, along with the Executive Director. This includes chairing board meetings, ensuring the board functions optimally, and serving as a signing authority and representative.

This year has marked a period of growth and evolution for the Board, with longstanding members transitioning out and new ones stepping in. I extend my gratitude to fellow board members—Heather Courchene, Julie Remillard, Sandra Tower-Pace, Cass Ilchena, Savanna Hyra, Asta Carvalho, and Haley Ruff—for their invaluable contributions to Survivor's Hope.

On behalf of the Board, I also express our deep appreciation to Coral Kendel, the Executive Director, whose exceptional leadership has fostered growth, innovation, and creativity within the organization. Additionally, I commend the tireless efforts of the staff at Survivor's Hope, whose passion and commitment shine through in their support for those affected by sexualized violence.

We must also acknowledge the invaluable contributions of our SARAH workers, who volunteer their time to empower survivors of historic or recent sexual assaults. Their dedication enriches our Interlake-Eastern community immeasurably.

This year has been a rollercoaster, particularly with the imminent risk to the SARAH Counselling service.

We are profoundly grateful for the community support we received, donations, and funding that has been crucial in sustaining the program and we can look forward to the upcoming year with optimism.



**Samantha Roberts,
Board of Directors Chairperson**

Message from the Executive Director

I am struggling to put into words the amount of pride I carry for the boundless accomplishments Survivor's Hope Crisis Centre has made this year, through the tireless work from our staff, crisis volunteers, and Board members. We have seen substantial growth to internal capacity and knowledge, as well as to our reach, engaging with more survivors and service providers than in any year prior.

Every thought and action of our dedicated team centres survivors, uplifting their voices and adapting services, policies, and programs to meet their needs in the timeliest manner possible, with continued learning and growth. It continues to be an incredible honour to be invited to be with survivors during some of the most difficult moments, work to advocate on their behalf, and be welcomed into communities as we build trust and create safer spaces and healing moments. My endless thanks to all who have contributed to these successes this year, including our staff and volunteer teams, as well as community partners, funders, and supporters.

While the next year is sure to bring challenges and hardships, we also look forward to new relationships, new strengths being realized, and new opportunities.

Coral Kendel, Executive Director



Our Team

Sexual Assault Recovery and Healing (SARAH) Program

The SARAH program provides long-term counselling to survivors of sexual violence who are 13 and older and/or to those who care about them. Not pictured are our ten dedicated SARAH workers, who volunteer their time to provide crisis support to individuals of all genders who are seeking services following an experience of sexual violence.

Sexual Assault Discussion Initiative (SADI) Program

SADI is an education and prevention program whose facilitators provide workshops to grade 6 - 12 students on healthy relationships, self-esteem, internet safety, and exploitation.

Reaching Out

The Reaching Out program bridges gaps between communities by providing resources, facilitating presentations, and attending events to build knowledge and connect individuals to our services.

Finance & Office Administration

The Finance & Office Administration Clerk supports the Executive Director and Treasurer, maintaining financial health of the organization, including invoicing, budgeting, and compiling financial reports.





LP Penner (they/them)
SARAH Counsellor
& Coordinator



Kris Lobay (ze/hir)
SADI Youth Program
Coordinator & Facilitator



Melanie Wood (she/her)
SARAH Wellness
Coordinator



Chantal Shibata (she/they)
Reaching Out Program
Coordinator



Natasha Van Dorp (she/her)
SARAH Crisis Coordinator
& SADI Facilitator



Gillian Schofield (she/her)
Finance & Office
Administration Clerk

SARAH Volunteers

Amanda Grabish
Kris Lobay
Linda Desrosiers
Meaghan Bullen
Chantal Shibata
Sherri Dyck
Jaimie Kozyra
Brycie Klassen
Leslie Joyce
Tracy Bonney
Erica Young
Rachel Cluett
Portia Topnik
Bowen Yang
Ty Meyer
Sheeza Haroon
Janessa McLean
Debbie Mudock
Shelly Guevarra
Hayley Rockwell
Charity Vagi

We Said Farewell to

Raymonde Richards
Joelle Wilcox
Shannon Bucholtz
Kim McCutcheon
Marie Walker

A Year in Review



SARAH

Crisis & Counselling

"Offering hope and validation to those affected by sexual violence"

This year, the SARAH program expanded its availability to sit with survivors and provide acute care in crisis situations, as well as long-term individual counselling and healing groups, with the addition of SARAH Wellness Coordinator, Melanie Wood, and 12 new volunteers joining the crisis team.

New opportunities in the SARAH program included the "Aki Nindoondawaa - I Heard it From the Land" land-based healing project and providing 24/7 support during the 2023 Winnipeg Folk Festival.



SARAH Counsellors held drop-in counselling hours throughout the year in various locations in Selkirk, Beausejour, and Stonewall. These low-barrier sessions allowed individuals the opportunity to meet the SARAH counsellors and built trust, prior to engaging in long-term counselling.

- 21 Individuals on our team of SARAH Volunteers, following two iterations of training
- 330 Individual counselling sessions held
- 15 Drop-in counselling sessions were held
- 16 Crisis calls were responded to
- 10 Lunch and Learn webinars were conducted & facilitated
- 2 SARAH healing groups held
- 67 Sexual assault files reviewed for the RCMP Sexual Assault Investigation Review Committee
- 423 SARAH Brochures distributed in community
- 123 SARAH Posters distributed in community
- 500 SARAH Handbooks printed to provide immediate resources for survivors

SADI & Mentorship

"Preparing youth for strong, healthy and respectful relationships"

The SADI Program continued to forge connections with youth in existing and new regional schools, adapting workshops to meet the unique needs of students and increasing engagement with new activities, games, and applications. Students benefit from these consistent relationships across their schooling career, growing confident in their ability to disclose harms to SADI facilitators as trusted, external community members.

The Mentorship program pivoted this year to support the development and growth of Queer Straight Alliance groups through various Eastern schools, bringing them together for periodical yearly events, creating greater feelings of inclusion and acceptance for Queer youth.



Funding from Justice Canada for Victims and Survivors of Crime Week supported the "Celebrating Resiliency in Youth" event at Ecole Powerview School



The North East Regional Stop Sexual Exploitation Committee recognized Stop Child Sexual Exploitation Awareness Week with the creation of a banner painted with the handprints of children and youth

- 80 SADI workshops delivered
- 1024 Students attended a SADI workshop presentation
- 9 Communities partnered for SADI workshops
- 145 Youth participated in Mentorship groups
- 269 Students & faculty attended the "Celebrating Resiliency in Youth" event

Reaching Out

"Engaging communities, empowering individuals and equipping a safer world for all"

The Reaching Out program facilitated the growth of the agency this year, increasing public knowledge of Survivor's Hope and sexual violence services available in the region, by focusing on attending community events and festivals throughout the region and in Winnipeg, including Gimli Icelandic Festival, Pinawa Birthday & Community Garage Sale day, International Overdose Awareness Day, and various job, volunteer, and social justice fairs and wellness days.

The "Let's Talk About SARAH: media campaign furthered visibility for the agency, while working towards reducing stigma experienced by survivors. Spotify, YouTube, radio, newspaper, and paper posters asked "Did You Hear About SARAH?" effectively drawing over 3500 visits to the website landing page.



- Through the North East Regional Stop Sexual Exploitation Committee, the Fall Family Fair in Beausejour connected over 300 people to new community-based mental health services.
- Developed and delivered workshops on Compassionate Responding to Sexualized Violence, Digital Consent, Workplace Sexual Harassment
- Successful integrations with the Western side of the Interlake region, building new relationships with social service and mental health agencies, RCMP, and hospitals
- Created new SARAH brochures, SARAH Volunteer brochures, SADI brochures, SARAH posters, and updated the Regional Resource Guide
- Continued participation in committees and groups, including three Manitoba Harm Reduction Networks, Ending Violence Canada's Sexual Violence Working Group, and the Rural Manitoba Sexual Assault Response Network

55

Community events attended

1500

Regional Resource Guides printed

1642

Social media followers

269

E-mail newsletter subscribers

Collaborators

Family Violence Consortium of Manitoba

Manitoba Harm Reduction Network - Powerview-Pine Falls, Eriksdale/Ashern, Selkirk

Manitoba Association of Women's Shelters (MAWS)

Rural Manitoba Sexual Assault Response Network

RCMP Sexual Assault Investigation Advisory Committee

Ending Violence Canada - National Working Group Against Sexualized Violence

Sexual Assault Advisory Committee

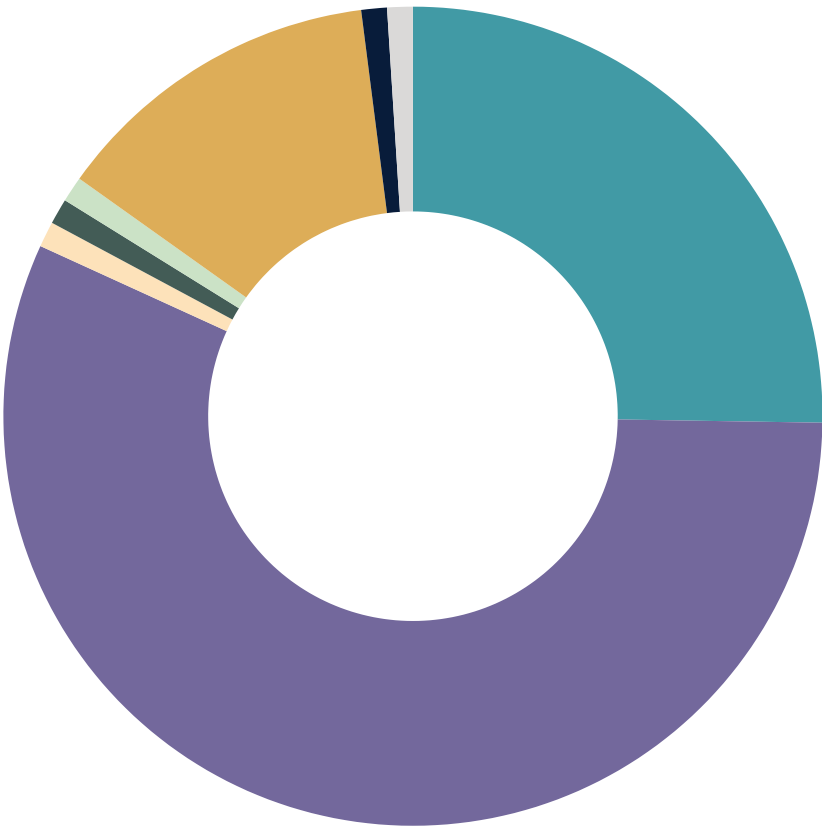
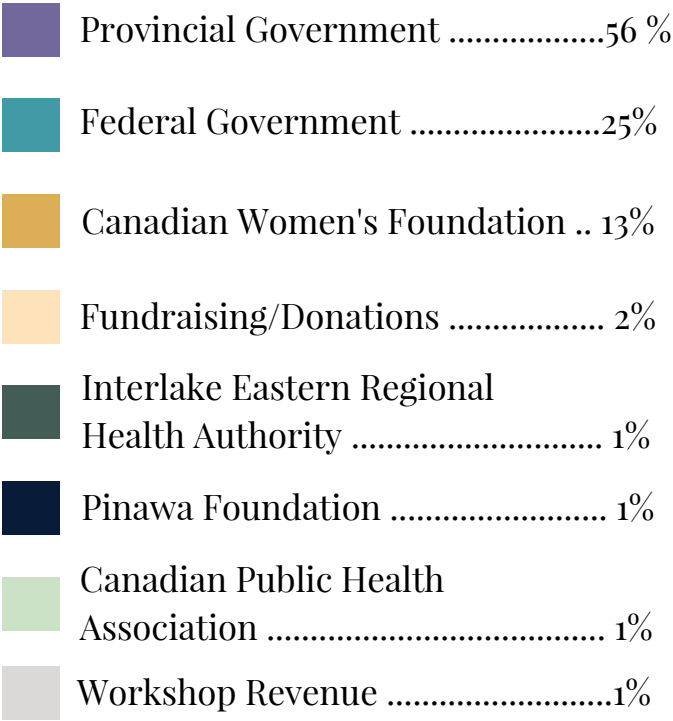
North East Regional Stop Sexual Exploitation Team (NERSSE)

Interlake Sexual Exploitation Educators (ISEE)



Financials

Revenues



Expenses



Thank You

To all of our funders and private donors, without whom this work would truly not be possible

