



**SURVIVOR'S
HOPE
CRISIS
CENTRE**

ANNUAL REPORT

2021-2022



ADDRESS

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Mission

“Partnering with communities to offer hope and healing through support and education”

The mission of Survivor’s Hope Crisis Centre Inc. (SHCC) is to provide support and services through programming in the interlake eastern region of Manitoba. We provide sexual assault crisis intervention and support to survivors and secondary victims of sexual assault through our SARAH Program, act as an educational resource for schools through our SADI Program, and engage community and service providers through projects under our Reaching Out Program.

Land Acknowledgement and Reconciliation

Survivor’s Hope Crisis Centre is honoured to work on Treaty 1,3 and 5 and the homeland of the Métis Nation.

Survivor’s Hope Crisis Centre acknowledges the relationships that were formed in these territories through Treaties and Ceremony was intended to be one of respect, reciprocity, and renewal.

We acknowledge the Anishinabe, Cree, Oji-Cree, Dakota, Dene and Métis nations who are the original stewards of the lands we have the honour of working on.

In our work, Survivor’s Hope Crisis Centre centers the historical and contemporary harms experienced by First Nations, Inuit, and Métis people of Canada. We acknowledge the harms and mistakes of the past, and we dedicate ourselves to moving forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.





History

In July 2002, a group of regional service providers spearheaded by Holly Parcey and sexual assault crisis program advocates, met to discuss sexual violence in the region. The meeting was chaired by a director from Winnipeg's Klinik Community Health Centre's Sexual Assault Crisis Program. Momentum following this meeting resulted in the formation of the founding board for Survivor's Hope Crisis Centre. As the founding board chair, Holly was instrumental in the development of Survivor's Hope Crisis Centre Inc. The board identified our objectives in the fall of 2002 and incorporated January 30, 2003. In July 2003 Survivor's Hope Crisis Centre received charitable status.

The Survivor's Hope Board spearheaded the creation of the regional Sexual Assault Advisory Committee, inviting representatives from RCMP, the regional health authority, Victim Services and Family Services to attend regular meetings to develop and maintain a regional Sexual Assault Crisis Intervention Protocol. With protocol established, and with the support of Klinik, we developed a sexual assault crisis intervention program to meet rural needs.

The SARAH (Sexual Assault Recovery and Healing) Program was piloted in the community of Pinawa in the spring of 2003, with additional program centres opening in Powerview-Pine Falls and Beausejour in the fall.

In 2004, Survivor's Hope began development of the SADI (Sexual Assault Discussion Initiative) Program to address the beliefs and attitudes that contribute to sexual violence and relationship abuse. The SADI Program piloted in 2005 in a handful of schools in the region. Since that time SADI continued to provide educational programming with school and student participation increasing each year. Enduring partnerships with regional school staff, school districts, and Public Health workers contribute to the success of the program.

Survivor's Hope growth continued in 2013 with the launch of the Reaching Out Program which focuses on community engagement and public awareness. Through awareness campaigns, community and service provider training, special events, and social media communication platforms, the Reaching Out Program provides opportunities to share information on sexualized violence and best practices in addressing the root causes of violence and meeting the needs of victims and survivors.



Region of Operation

Survivor's Hope Crisis Centre Inc. provides services as the only rural sexual assault crisis intervention program in the region. Survivor's Hope Crisis Centre Inc. work is contained within the Interlake-Eastern Regional Health Authority which hosts a population of over 130,000 people¹ with an exponential population increase over the summer with cottage owners and vacationers enjoying the multitude of lakes and beaches within the region.

Historically Survivor's Hope Crisis Centre Inc. served the previous North Eastman RHA boundary, and has well established roots servicing the east half of the IERHA. Survivor's Hope Crisis Centre Inc. work to expand to provide services throughout the region into the western half of the IERHA has been challenging throughout the pandemic. The RHA expansion has more than doubled our service area and now includes additional 6 hospitals in the Interlake, Arborg, Ashern, Eriksdale, Gimli, Stonewall, and Teulon.

The region is culturally diverse with Indigenous populations comprising nearly 30 per cent of the region's residents inclusive of 17 First Nation communities and 24 Métis communities as well as 5% per cent of private households identifying a person with immigrant status².

The IERHA represents approximately one-tenth of Manitoba's area at nearly 61,000 square kilometres. This geographically vast region is comprised of region has been divided into six zones (Selkirk, South, North, East, West, Northern Remote) that extends east to the Ontario border, north to the 53rd parallel, and west to Lake Manitoba.

¹ Interlake-Eastern Regional Health Authority Community Health Assessment, 2019

² ibid



Board of Directors 2021-22

| | |
|---|---|
| EXECUTIVE DIRECTOR (MEMBER AT LARGE) | Angie Hutchinson (until November 2021) Savannah Hyra (December 2021 – present) |
| CHAIR | Connie Holmlund |
| VICE CHAIR | |
| TREASURER | Crystal Stanley |
| SECRETARY | Julie Remillard |
| DIRECTOR | Samantha Roberts |
| DIRECTOR | Jeannie Red Eagle |

Board Chairperson Report 2021-22: Connie Holmlund

The Chair position has the responsibility to manage and conduct meetings with the Board of Directors. I would like to thank Crystal Stanley, Jeannie Red Eagle, Julie Remillard and Sam Roberts for serving on the board in 2021-2022. I would also like to thank Keran Storm for her contributions to the board until November 2021.

The board would like to thank our staff and volunteers in our SADI, SARAH and Reaching Out programs. Our staff and volunteers continue to remain operational during COVID-19, and continue to educate communities, and provide support to those impacted by sexualized violence.

In December 2021, Angie Hutchinson resigned as Executive Director. Angie provided exceptional service in her time with Survivor’s Hope Crisis Centre. Angie continued to face unprecedented challenges because of COVID-19, as well as the transition process and continuing to develop and define the Executive Director role. We are thankful that she was able to represent Survivor’s Hope Crisis Centre with professionalism. In December 2021 we welcomed Savannah Hyra to the Executive Director position. Savannah has been working tirelessly and is also further defining the ED position. Savannah has managed to transition from her role as Reaching Out Coordinator to Executive Director. The board would like to thank Savannah for her dedication to Survivor’s Hope Crisis Centre.

Survivor’s Hope Crisis Centre continues to expand. We are looking forward to recruiting and retaining staff, volunteers, and board members.



Executive Director’s Report 2021–22: Savannah Hyra

The impact of the global pandemic shifted the ways SHCC was able to offer education, advocacy, support, and community engagement efforts to those impacted by sexualized violence in the region. The barriers to internet and telephone service as well as access to technology faced in rural Manitoba made it difficult for SHCC to shift programming to virtual delivery methods. In response, SHCC staff, and volunteers remained extremely flexible and worked tirelessly as a dedicated team to pivot program delivery to meet the ever-changing demands of the pandemic. As pandemic restrictions ease, SHCC board, staff, and volunteers are eager to continue providing programming for survivors of sexualized violence based on the principles of trauma-informed care, empowerment, diversity, inclusion, and cultural awareness.

SHCC would like to thank Angie Hutchinson, for the compassionate, passionate, and dedicated leadership she provided Survivor’s Hope Crisis Centre as Executive Director.

I would like to thank the Board of Directors, staff members, volunteers, and committed funders and donors who strive to advocate, develop, and provide adequate services for those affected by sexualized violence within the Interlake Eastern Region of Manitoba and larger community.





Survivor's Hope Crisis Centre Programs

SARAH Crisis Program

"Offering hope and validation to those affected by sexual violence"

The SARAH Crisis Program supports the regional Sexual Assault Crisis Intervention Protocol by providing trained sexual assault crisis intervention workers to support survivors presenting at regional hospitals, RCMP detachments and at the Survivor's Hope Crisis Centre office. The SARAH Crisis Program provides support, and facilitates healing of sexual assault survivors by:

- Providing crisis intervention and facilitate healing for sexual assault survivors.
- Providing on-call response to emergency sexual assault calls from regional hospitals and regional RCMP detachments.
- Advocacy for participants with collateral service providers on crisis call-outs.
- Offer support and information to the sexual assault survivor while in the hospital, with the police or as walk-in clients at our office. Referrals to other regional and provincial support services as needed.
- To support service provider training around the Sexual Assault Crisis Intervention Protocol, best practices, sexual assault trauma, and the root causes of sexualized violence.
- Provision of clothing items for survivors at hospital, as needed, if lost or seized for evidence.
- Follow up phone call, as requested by survivors, following a crisis intervention call out.
- Sharing information through a variety of methods such as presentations, posters, pamphlets, news articles, newsletter, website blog posts, and social media posts.
- As of January 31, 2022 we had a dedicated group of 11 volunteer SARAH sexual assault crisis intervention workers. SARAH workers are essential for program delivery and we acknowledge their dedication.
- The SARAH Crisis Program typically recruits and provides training for new SARAH program volunteers annually however ongoing public health restrictions have prevented moving forward with training.



Sexual Assault Advisory Committee

The Sexual Assault Advisory Committee assists in planning, co-ordinating and evaluating services for sexual assault survivors within the interlake eastern region of Manitoba. The Committee works closely with community organizations, agencies, and collateral service providers to maintain comprehensive support programs for survivors and those that support survivors of sexual assault regardless of their age, race, religion, colour, socio-economic status, ability, gender, or sexual orientation.

The Sexual Assault Advisory Committee (SAAC) is an inter-agency committee of first contact service providers working to address the issue of sexual violence in the region. The Committee works to identify gaps in service provision for survivors of sexual violence. Recommendations are made to expand current services or develop new programming to address gaps in services. The gaps are addressed by the stakeholder organizations most prepared to address the identified issue. This group was instrumental in the development of the regional sexual assault crisis intervention protocol with adjustments to service provision during the pandemic.

The Committee continues to meet quarterly. A core group of representatives from regional stakeholders attend the SAAC meetings: Survivor's Hope Crisis Centre, Interlake-Eastern Regional Health Authority (Acute Care, Mental Health, and Public Health), Child and Family Services, Victim Services and five regional RCMP detachments.

SARAH Counselling and Support Program

"Offering hope and validation to those affected by sexual violence"

The SARAH Counselling and Support Program provides follow-up support for survivors of sexual violence and those that support them. Individual counselling is available to those 15 and older within the Interlake Eastern Region of Manitoba. Counselling is offered virtually and in person within communities in the region. Offering virtual counselling appointments created greater access to counselling during the Pandemic for participants. During 2021-2022 the SARAH Counselling and Support Program expanded to include support groups. The support groups are a series of educational sessions on various topics including trauma, self-care, and mindfulness.



Self-Care Month – In July the Counselling and Support Program connected with survivors through a social media campaign. The campaign provided information regarding the pillars of self-care and examples of ways to practice self-care. Self-care packages were also prepared for survivors and provided through a giveaway.

Online Seminar – **Shifting from Stigma to Support: An introduction to trauma and substance use.** SHCC partnered with the Manitoba Harm Reduction Network to offer an online seminar that explored the connections between trauma including sexual assault trauma and substance use through a harm reduction lens.

I'm Here for you Cards – It can be hard for those that are supporting survivors of sexualized violence to know how to reach out and offer support. Survivor's Hope Crisis Centre created a series of cards that loved one's can give (either in person or virtually) to survivors of sexual violence to let them know that a loved one is available to provide support. The cards offer examples of ways to connect and lists local resources and crisis lines.

SADI Program

“Preparing youth for strong, healthy and respectful relationships”

The SADI Program is an educational resource for schools in our region and is designed to raise expectations for equality and respect in relationships. Sets of three workshops are designed and delivered to grades 6, 8, 10 and 12 students to address the root causes of relationship and sexualized violence. The SADI program enhances safety and respect in schools and communities, as well as promoting youth leadership in the prevention of violence. Our hope is that by partnering with schools we can reinforce the groundwork for healthy relationships thereby reducing victimization in schools, families, and communities.


The Pandemic limited SHCC ability to provide workshops in schools during the 2021-2022 school year as the added pressures on the education system limited schools ability to host SADI workshops. Despite these barriers SADI facilitators provided 52 workshops with a total of 850 participants in school during the 2021-2022 school year. Based on feedback from educators SADI facilitators also created an additional workshop on the topic of stress and mental health that is available to grades 6-12.

The Mentorship Program

The Mentorship Program, supported by the Canadian Women’s Foundation, is designed to foster leadership skills and build self confidence in both mentors and mentees offering the presence of a caring individual who provides support, friendship, encouragement, and constructive role-modeling. The aim of the group is to also create a safe space for all girls and is inclusive of all races, religions, cultures, sexual orientations, and gender identities. The Mentorship Program is run out of the Sagkeeng school.



During the Pandemic delivery of the Mentorship Program had to shift as every-changing restrictions to the education system impacted SHCC ability to provide in person Mentorship Programming. Access to reliable internet and technology made it difficult to connect with youth virtually. Based on feedback from educators SHCC focused on stress and mental health and partnered with numerous community service providers to create mental health learning opportunities, activities, and support opportunities to youth in the Mentorship Program. Once restrictions allowed for in person program delivery, creation of cohorts made it impossible to run a group with both mentors and mentees so SHCC had to adjust the programming. Despite numerous challenges brought on by the Pandemic, SHCC was able to partner with educators to provide virtual and in person programming to over 25 high school aged girls and gender non-confirming students during the 2021-2022 school year.



Reaching Out Program


“Engaging communities, empowering individuals and equipping a safer world for all”

The Reaching Out Program is a companion program to the SARAH and SADI Programs. The program provides us with opportunities to share information on sexualized violence, relationship abuse, and best practices in addressing the root causes of violence and the needs of victims. Information is shared within the region with service providers, service groups, businesses and community members. Reaching Out connects with the community through:

- distribution of printed resources (pamphlets, posters, information cards & bookmarks)
- engagement through social media platforms (Twitter, Facebook, Instagram, webpage)
- printed and audio materials available through our resource library
- distribution of information packages to service providers, educators, and employers
- educational and awareness-raising events
- publications in regional newspapers
- presentations and workshops to service providers, businesses, and educators
- drop-in services at our office to provide information to survivors, those supporting survivors, service providers and community members

Many of our Reaching Out projects this year transitioned to online delivery due to the pandemic. These included:

- Continued engagement through social media platforms and blog posts to raise awareness of gender-based violence and support services available within the region.
- Updating the local resource guide to include a collection of wrap around supports available to survivors of sexualized violence within the Interlake Eastern Region of Manitoba
- Celebrated International Pronouns Day through the creation of pronoun buttons.
- Creation of educational materials including print materials, lanyards, and stickers to provide individuals with information regarding SHCC
- Informational booths at community events when safe to do so.

- 
- Online engagement for Sexual Assault Awareness Month in April including educational blog posts, participation in Demin Day and Wear Teal Day.
 - Development of a sexual violence in the workplace workshop which was made available to workplaces in the region.
 - Victims and Survivors of Crime week event in partnership with Sagkeeng Health Centre.
 - Participation in 16 Days of Activism

Resource Library:

Survivor's Hope Crisis Centre continues partnership with Pinawa Public Library to host SHCC resource library with more than 85 resources. The public has access to these items through the Manitoba Inter-Library Loan System. The books collected focus on empowering individuals to prevent victimization and provide information to reduce the impact of victimization. In 2021-2022 SHCC updated the resource library to increase educational opportunities to service providers and community members during the Pandemic.

Committees

Survivor's Hope Crisis Centre sits on several regional and inter-agency committees to network with regional service providers to share information on programming. Other Regional Committees include:

North East Regional Stop Sexual Exploitation (NERSE) Team - to address sexual exploitation

Blue Water Interagency Committee - to network with service providers in the Pine Falls area

Interlake Sexual Exploitation Educators (ISEE) - to address sexual exploitation in Selkirk and the Interlake region

FASD Coalition - to advocate for supports for children and adults at greater risk of sexualized violence

Family Violence Consortium - to network, learn from, and advocate with other Family Violence funded agencies

Manitoba Harm Reduction Network - to learn from and network with networks within the region.



Funding:

Survivor's Hope Crisis Centre Inc. work is supported by regional, provincial and national organizations, and individuals, that have partnered with us over the past year to help us meet our mandate to address the issue of sexual violence. With their support Survivor's Hope Crisis Centre Inc. is able to offer programming, resources, and support for healing and crisis intervention, prevention, and community engagement.

Thank you to the following for their financial and in-kind support:

- Book Rack sales in Pinawa
- Canadian Women's Foundation
- Canadian Public Health Association
- Interlake-Eastern RHA
- Gov of Canada Dept of Women and Gender Equality
- Gov of Canada Justice
- Gov of Manitoba Family Violence Prevention Program
- Gov of Manitoba Justice
- Gov of Manitoba Tracia's Trust
- Pinawa Foundation
- Numerous Private Donations
- Board of Directors Fundraiser



10:14 AM
2022-06-07
Accrual Basis

Survivor's Hope Crisis Centre Inc.
Profit & Loss
February 2021 through January 2022
Feb '21 - Jan 22

Ordinary Income/Expense

Income

| | |
|-----------------------------|------------|
| Fundraising | 622.00 |
| Government Agency | |
| Federal | 95,015.00 |
| Provincial | 378,407.71 |
| Total Government Agency | 473,422.71 |
| Interest | 3,536.02 |
| Non-charity | |
| Regional Organizations | 86,743.40 |
| Total Non-charity | 86,743.40 |
| Tax-receipted gifts | |
| Individual Donations | 340.81 |
| Tax-receipted gifts - Other | 20.00 |
| Total Tax-receipted gifts | 360.81 |
| Total Income | 564,684.94 |

Expense

EXPENSES BY CLASS

| | |
|----------------------------------|-----------|
| Advertising & Promotions | 1,432.78 |
| Bank Service Charges | 108.00 |
| Bookkeeping Subcontracting | 4,705.88 |
| Computer Equip & Supplies | 2,139.98 |
| Honoraria/Volunteer Appreciation | 6,323.99 |
| Licensing & Fees | 1,571.08 |
| Office Expense | 727.07 |
| Postage | 59.71 |
| Printing | 1,673.42 |
| Professional Fees | 500.00 |
| Program/Resources | 37,760.34 |
| Rent | 360.00 |
| Training - Board | 2,892.50 |
| Training - Staff | 3,750.40 |
| Travel - Board | 0.00 |
| Travel - Staff | 10,214.13 |
| Utilities | |
| Internet | 970.00 |
| Telephone | 1,275.00 |
| Total Utilities | 2,245.00 |
| Volunteer Appreciation | 1,422.05 |
| Wages & Employer Expenses | |
| Administration | 2,688.00 |
| Bookkeeping | 341.00 |
| Employee Benefits-CPP | 10,725.04 |
| Employee Benefits-EI | 4,735.16 |
| Employee Benefits-Statutory Pay | 9,105.15 |

10:14 AM
2022-06-07
Accrual Basis

Survivor's Hope Crisis Centre Inc.
Profit & Loss

February 2021 through January 2022

Feb '21 - Jan 22

| | |
|--|--------------------------|
| Employee Benefits-Vacation Pay | 8,311.30 |
| Office | 156.00 |
| Pager | 6,780.00 |
| Program | 165,312.00 |
| Training | 290.00 |
| Workers Compensation | 690.21 |
| Wages & Employer Expenses - Other | 21,237.50 |
| Total Wages & Employer Expenses | <u>230,371.36</u> |
| EXPENSES BY CLASS - Other | <u>181.88</u> |
| Total EXPENSES BY CLASS | <u>308,439.57</u> |
| Total Expense | <u>308,439.57</u> |
| Net Ordinary Income | <u>256,245.37</u> |
| Net Income | <u><u>256,245.37</u></u> |

10:15 AM
2022-06-07
Accrual Basis

Survivor's Hope Crisis Centre Inc.
Balance Sheet
As of 31 January 2022

| | 31 Jan 22 |
|--|--------------------------|
| ASSETS | |
| Current Assets | |
| Chequing/Savings | |
| SICU Shares | 6.11 |
| Sunova-Canada Helps SSUP#2 | 11,904.78 |
| Sunova Chequing | 4,366.47 |
| Sunova Savings | 389,101.04 |
| Total Chequing/Savings | <u>405,378.40</u> |
| Accounts Receivable | |
| Accounts Receivable | 9,000.00 |
| Total Accounts Receivable | <u>9,000.00</u> |
| Total Current Assets | <u>414,378.40</u> |
| Fixed Assets | |
| Furniture and Equipment | 2,794.42 |
| Total Fixed Assets | <u>2,794.42</u> |
| TOTAL ASSETS | <u>417,172.82</u> |
| LIABILITIES & EQUITY | |
| Liabilities | |
| Current Liabilities | |
| Accounts Payable | |
| Accounts Payable | 597.11 |
| Total Accounts Payable | <u>597.11</u> |
| Other Current Liabilities | |
| GST/HST Payable | -6,526.88 |
| Payroll Liabilities | 4,404.50 |
| Total Other Current Liabilities | <u>-2,122.38</u> |
| Total Current Liabilities | <u>-1,525.27</u> |
| Total Liabilities | <u>-1,525.27</u> |
| Equity | |
| Opening Balance Equity | 6,327.99 |
| Unrestricted Net Assets | 156,124.73 |
| Net Income | 256,245.37 |
| Total Equity | <u>418,698.09</u> |
| TOTAL LIABILITIES & EQUITY | <u>417,172.82</u> |

Visser Financial Services

15 Standish Place
Winnipeg MB R2V 1P3

June 8, 2022

NOTICE TO READER


I have reviewed the Statement of Financial Position of Survivor's Hope Crisis Centre Inc. as at January 31, 2022 and the Statement of Operations for the fiscal year February 1, 2021 to January 31, 2022

During the review I prepared a list of issues which needed to be addressed in order to provide sufficient supporting documentation for financial transactions. All the necessary changes were completed by the bookkeeper and included in the attached information package.

I have not performed an audit on these financial statements and, accordingly, I express no assurance thereon.

Readers are cautioned that these Financial Statements may not be appropriate for their purposes.

Sincerely,



Hendrik Visser CPA CGA

Visser Financial Services